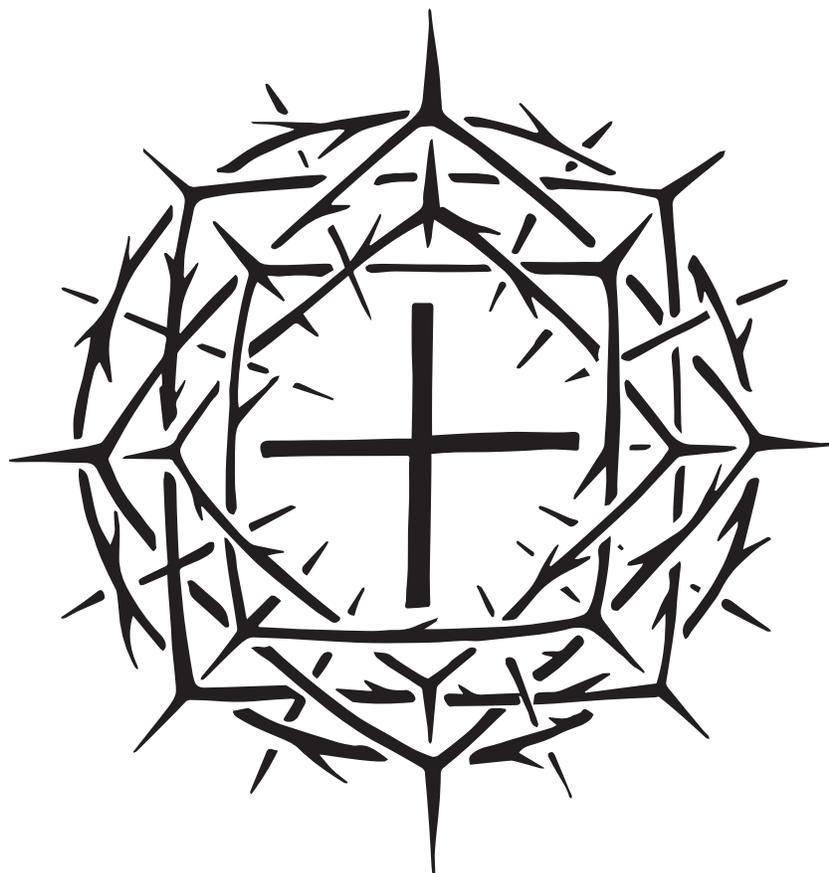


You are God: We Praise You

A Lenten Journey with the Psalms, Scripture
and Te Deum Prayer



Lent 2020

Week Four

(March 22- March 28, 2020)



Our Lady of
Perpetual Help

The 4th Week of Lent

YOU ARE GOD: WE PRAISE YOU

V. In you, Lord, is our hope:

R. and we shall never hope in vain.

This week begins with rejoicing, Laetare Sunday. As we continue Lent, the Church reminds the faithful not to be disheartened as we face our sinfulness and our struggles, yet raise our heads to the Lord. We are called to rejoice with our voices, and in the depths of our heart. The rose vestments are to be a reminder of the joy we are to receive by following the Lord.

At this point in Lent, hopefully our practices and disciplines are helping us to form new habits of praise. We likely have experienced disappointments, and in some ways, we may have failed in our intentions. Allow the Lord to renew your heart, to strengthen you in your weakness. If you are struggling, call upon the Lord as your stronghold and your refuge.

What graces or blessings have you experienced this Lent? Share these experiences, even if small, with your family or with friends. Consider how our unappreciated or overlooked blessings are often renewed in the sharing of the experience.

Remaining with you in prayer and praise during this time,

Peace,

Fr. Mike Triplett

HOW TO MAKE USE OF THIS PACKET

Each day, we invite you personally, as a family, or as a small faith community, to enrich your Lenten journey by use of the suggested hymn and psalm for the week, the Te Deum, and our Lenten Reflections drawn from the daily Mass readings. Below is a suggested order for this short prayer service, which is also the layout for each page of this packet.

- I. Pray/Sing a Hymn, which lifts our voices and minds to God in praise
- II. Read daily Scripture and the reflection offered
- III. Recite the suggested Psalm for this week
- IV. Offer Prayers of Intercession for the needs of our Church, our community and the World and your own personal petition
- V. Close by reciting the beautiful Te Deum Prayer





Sunday, March 22, 2020

Lenten Week 4

Samuel 16:1b, 6-7, 10-13a; Psalm 23:1-3a, 3b-4, 5, 6; Ephesians 5:8-14; John 9:1-4

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

THE NIGHT LIGHT

"I am the Light of the World." – John 9:5

The night light can be the safety blanket for so many children to a calm night's sleep. As parents we may choose to not stop there! Why? For the night light is also a safety tool for mom and dad as we move back to our rooms and not stub a toe nor walk into a wall or door along the way! For the young child the light provides us the ability to see what is before us and calm the fear the unknown darkness offers us.

The Lord is clear to us in this reading that He is the Light of the world. Darkness cannot exist where there is light. For it is the light of God that will always shelter me from the unknown. In a very similar fashion, fear and faith cannot occupy the same space. When I feel the ugliness of fear grab my ankles, or the darkness roll in like the fog, I recall that GOD IS ON MY SIDE!

The same Jesus who cured the blind man from darkness, calls me to remain in His light where I am safe from harm. This same Jesus calls me to be righteous, not self-righteous, good, not prideful. And Psalm 23 assures me that the Lord is my Shepherd, guiding my path with His Light, therefore I shall not want. Today, I pray to the Good Shepherd that my heart will remain in His Light, knowing that Jesus is my Divine Protector. Today, give up darkness and give it over to Light!!

Recite Psalm 116 -

Thanksgiving to God who Saves from Death *(page 10 of this booklet)*

Offer Petitions and Intercession

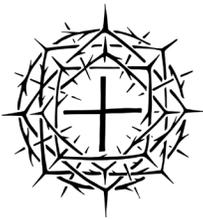
for your family, Church, community and beyond

Recite Te Deum

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims
you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the King of glory,
the eternal Son of the Father.
When you became man to set us free
you did not spurn the Virgin's womb.
You overcame the sting of death,
and opened the kingdom of heaven to all
believers.
You are seated at God's right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

V. Save your people, Lord, and bless your inheritance.
R. Govern and uphold them now and always.
V. Day by day we bless you.
R. We praise your name for ever.
V. Keep us today, Lord, from all sin.
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. for we put our trust in you
V. In you, Lord, is our hope:
R. and we shall never hope in vain.





Monday, March 23, 2020

Lenten Week 4

Isaiah 65:17-21; Psalm 30:2 and 4, 5-6, 11-12a and 13b; John 4:43-54

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

TRIUMPH OVER DEATH

“You changed my mourning into dancing; O Lord, my God, forever will I give you thanks.”

- Psalm 30:12-13

The royal official in today’s gospel simply says, “Sir, come down before my child dies.” The official’s faith brings healing to his son. What a glorious day it must have been for his family. We know that he and his whole household came to believe. We can imagine the heavenly praises that were given on that day.

As we experience illness and suffering will our faithfulness draw us to rely on God’s mercy and strength? Have we offered thanks for healing we may have already received here on Earth? And how do we remain faithful to our loving God when a physical healing was not received?

At all times, it is our God who rescues us and provides to us the promise of an everlasting life. Today, let us offer praise to God for His faithfulness, even if our prayers are not answered in the way we had hoped.

Recite Psalm 100 -

God Appoints the King both King and Priest

(page 10 of this booklet)



**Offer Petitions and Intercession
for your family, Church, community and beyond**

Recite Te Deum

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the King of glory,
the eternal Son of the Father.
When you became man to set us free
you did not spurn the Virgin’s womb.
You overcame the sting of death,
and opened the kingdom of heaven to all
believers.
You are seated at God’s right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

V. Save your people, Lord, and bless your inheritance.

R. Govern and uphold them now and always.

V. Day by day we bless you.

R. We praise your name for ever.

V. Keep us today, Lord, from all sin.

R. Have mercy on us, Lord, have mercy.

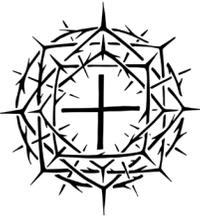
V. Lord, show us your love and mercy;

R. for we put our trust in you

V. In you, Lord, is our hope:

R. and we shall never hope in vain.





Tuesday, March 24, 2020

Lenten Week 4

Ezekiel 47:1-9, 12; Psalm 46:2-3, 5-6, 8-9; John 5:1-16

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

REAL HEALING

“Wherever the river flows, every sort of living creature that can multiply shall live.”

- Ezekiel 47:9

The Te Deum proclaims our hope is in the Lord, yet like the man in the Gospel, we often hope in things of the world. The man waits for a cure of his worldly condition, of being paralyzed. Jesus comes and cures him of this and, more importantly, his sin as well. Hope in the Lord does not always bring worldly healing, but if we seek Him, especially through confession, Jesus always heals us of our sin. Worldly healing may come by Divine Grace, worldly means or otherwise, but healing from sin only comes through Jesus Christ! Our hope is in the eternal, and in Him we never hope in vain!

Recite Psalm 100 -

God Appoints the King both King and Priest

(page 10 of this booklet)



**Offer Petitions and Intercession
for your family, Church, community and beyond**

Recite Te Deum

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the King of glory,
the eternal Son of the Father.
When you became man to set us free
you did not spurn the Virgin's womb.
You overcame the sting of death,
and opened the kingdom of heaven to all
believers.
You are seated at God's right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

V. Save your people, Lord, and bless your inheritance.
R. Govern and uphold them now and always.
V. Day by day we bless you.
R. We praise your name for ever.
V. Keep us today, Lord, from all sin.
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. for we put our trust in you
V. In you, Lord, is our hope:
R. and we shall never hope in vain.





Wednesday, Solemnity Of The Annunciation, March 25, 2020
Lenten Week 4

Isaiah 7:10-14, 8:10; Psalm 40:7-8a, 8b-9, 10, 11; Hebrews 10:4-10; Luke 1:26-38

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

THE ANNUNCIATION

*"In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And coming to her, he said, "Hail, full of grace! The Lord is with you."
 - Luke 1:26-28*

Lent is a time of penance, reflection, and preparation—an imitation of the penance of our Lord, who fasted for 40 days and nights before beginning His ministry. We prepare to remember His suffering in His human nature as we undergo some voluntary penance so, as St. Paul, we might “fill up those things which are wanting in the sufferings of Christ,” (Col. 1:24 DRB). By uniting with Christ’s suffering, we may unite with His glory.

Yet during our Lenten observance, we celebrate the Solemnity of the Annunciation, when the Word first became flesh at the greeting of St. Gabriel and the fiat of the Blessed Mother. In this season of penance, we are graced by the most joyous of news of the coming of Our Lord. The Virgin Mary is the arbiter between God’s Word and our word—between God’s willingness to save and humanity’s willingness to be saved.

That Salvation, however, was to cost Mary’s freedom: her ability to say ‘yes’ to an obscure virgin life, her ability to choose where she would live, to do as she would like, to associate with those whom she would. In her ‘yes’ she reflects total abandonment; a renunciation of self and will, and an embracing of all the sorrows she would endure. It is in Mary that we witness the beauty of renunciation and the essence of penance: Beautiful for bringing to bear the greatest glory imaginable to fallen man, i.e. the dignity of God’s indwelling; and Penitential for denying herself her own dreams and wishes so that the will of Almighty God might be accomplished.

As we persevere in our penances, let us turn to Mary, Mediatrix of all Graces, especially through the Holy Rosary, that we, as she did and continues to do for us, may renounce ourselves to the Will of God and be prepared to receive Him.

Recite Psalm 100 -

God Appoints the King both King and Priest
(page 10 of this booklet)

Offer Petitions and Intercession
for your family, Church, community and beyond

Recite Te Deum

You are God: we praise you;
 You are the Lord: we acclaim you;
 You are the eternal Father:
 All creation worships you.
 To you all angels, all powers of heaven,
 Cherubim and Seraphim, sing in endless praise:
 Holy, holy, holy, Lord, God of power and might,
 heaven and earth are full of your glory.
 The glorious company of apostles praise you.
 The noble fellowship of prophets praise you.
 The white-robed army of martyrs praise you.
 Throughout the world the holy Church acclaim
 you:
 Father, of majesty unbounded,
 your true and only Son, worthy of all worship,
 and the Holy Spirit, advocate and guide.
 You, Christ, are the King of glory,
 the eternal Son of the Father.
 When you became man to set us free
 you did not spurn the Virgin’s womb.
 You overcame the sting of death,
 and opened the kingdom of heaven to all
 believers.
 You are seated at God’s right hand in glory.
 We believe that you will come, and be our judge.
 Come then, Lord, and help your people,
 bought with the price of your own blood,
 and bring us with your saints
 to glory everlasting.

V. Save your people, Lord, and bless your inheritance.

R. Govern and uphold them now and always.

V. Day by day we bless you.

R. We praise your name for ever.

V. Keep us today, Lord, from all sin.

R. Have mercy on us, Lord, have mercy.

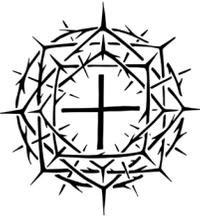
V. Lord, show us your love and mercy;

R. for we put our trust in you

V. In you, Lord, is our hope:

R. and we shall never hope in vain.





Thursday, March 26, 2020

Lenten Week 4

Exodus 32:7-14; Psalm 106:19-20, 21-22, 23; John 5:31-47

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

IN JESUS IS ETERNAL LIFE

*“You search the scriptures, because you think you have eternal life through them; even they testify on my behalf. But you do not want to come to me to have life.”
- John 5:39-40*

The readings today are a firm rebuke against the Jewish people in the time of Moses and in the time of Jesus. The Lord expresses His disappointment in their practices and their misdeeds. Yet in the midst of this rebuke arises a directive and encouragement for those who wish to find Jesus and His Father. Jesus doesn't say the Pharisees are blameworthy for searching the scriptures, but for searching the scriptures to find eternal life.

Life is found in God and in Christ, not in the words which speak of Him. And what is Eternal Life? It is the love of God lived out on earth and perpetuated in Heaven. It is the Love of God so intimately within the soul that the soul becomes like God, and is, in fact, transformed into God's being by the indwelling of His Spirit. Our life in Christ transcends the written word. There will be no Vulgate or Douay Rheims or English Standard Version of Heaven; there will only be Christ Who will be all and in all.

Hence, Jesus says, "...come to me and have life," (John 3:40). He is saying, "Come to me and find your peace, come to me to be fulfilled, come to me to know the Truth." Jesus asks, "Does life consist in the reading of words or the knowledge of languages?" Jesus tells us, "No," yet life is found in imitation of Martha's sister, Mary, who, for sitting at Jesus' feet, was praised for having chosen the better part. Should we seek this enduring treasure and this inestimable fulfillment, the only fulfillment one may have before death, let us seek it within its true source which is neither purse, nor wallet, nor money, nor honor, nor words, but which is the Way, the Truth, and the Life: The Lord Jesus Christ Himself.

Recite Psalm 100 -

God Appoints the King both King and Priest

(page 10 of this booklet)

**Offer Petitions and Intercession
for your family, Church, community and beyond**

Recite Te Deum

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims
you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the King of glory,
the eternal Son of the Father.
When you became man to set us free
you did not spurn the Virgin's womb.
You overcame the sting of death,
and opened the kingdom of heaven to all
believers.
You are seated at God's right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

V. Save your people, Lord, and bless your inheritance.

R. Govern and uphold them now and always.

V. Day by day we bless you.

R. We praise your name for ever.

V. Keep us today, Lord, from all sin.

R. Have mercy on us, Lord, have mercy.

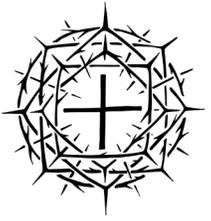
V. Lord, show us your love and mercy;

R. for we put our trust in you

V. In you, Lord, is our hope:

R. and we shall never hope in vain.





Friday, March 27, 2020

Lenten Week 4

Wisdom 2:1a, 12-22; Psalm 34:17-18, 19-20, 21 and 23; John 7:1-2, 10, 25-30

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

BROKENNESS

“The Lord is close to the brokenhearted...”
- Psalm 34:19

On my computer I have a meme with the following reminder to the fullness of what is needed to repair brokenness. It is a shattered plate followed by these phrases: “Grab a plate and throw it on the ground. -OK, done. -Did it break? -Yes. -Now say sorry to it. -Sorry. -Did it go back to the way it was before? -No. -Now, do you understand?”

We are all scarred with brokenness, and sometimes the word ‘sorry’ on its own will not fully restore us. Sin of the world and actions of others have altered us, scarred us and left us permanently different. Often human weakness and lack of humility prevents us from fully correcting the actions we bestow on others. Sorrow is a first step in the healing process, forgiving is the next, remediation then follows. Some wounds are healed with medicine and others through therapy. Often destruction to another can be greater than therapy, medication or any act of man. To whom do we turn for these life moments?

Recalling that ‘contrite’ comes from the word ‘brokenness’ and knowing the power of a contrite heart, we offer no excuse and shift no blame, but rather offer our broken heart to the mercy of God. For He will restore us from brokenness and make in us a new being.

Through my journey in grief, I have come to know many strong mothers. One mother shared upon the death of her son: “I am broken. I am bruised. I am torn into a million pieces. I feel as if there is no future and I don’t know what to do. Yet, I know this one thing is true: just like gold in the refiner’s fire, the Lord will purify me because I am precious in His eyes. He will redeem me, and my brokenness will be for a purpose greater than my understanding, because with God’s strength I am restored.”

My prayer today for you: Whatever brokenness you carry, may you first find the strength to forgive yourself or the other. Then may you find the necessary path to recovery. Finally, may you hold tight to the Lord along the way.

Recite Psalm 100 -

God Appoints the King both King and Priest

(page 10 of this booklet)

Offer Petitions and Intercession for your family, Church, community and beyond

Recite Te Deum

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims
you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the King of glory,
the eternal Son of the Father.
When you became man to set us free
you did not spurn the Virgin’s womb.
You overcame the sting of death,
and opened the kingdom of heaven to all
believers.
You are seated at God’s right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

V. Save your people, Lord, and bless your inheritance.

R. Govern and uphold them now and always.

V. Day by day we bless you.

R. We praise your name for ever.

V. Keep us today, Lord, from all sin.

R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. for we put our trust in you

V. In you, Lord, is our hope:

R. and we shall never hope in vain.





Saturday, March 28, 2020

Lenten Week 4

Jeremiah 11:18-20; Psalm 7:2-3, 9bc-10, 11-12; John 7:40-53

Pray/Sing Hymn - Holy God We Praise Thy Name

(page 10 of this booklet)

FREEDOM IN THE LORD

“O LORD, my God, I take refuge in you. Save me and rescue me from all my pursuers, lest they tear me apart like a lion, and drag me off with no one to rescue me.”

- Psalm 7:2-3

The Psalms often recognize the movement of the human heart. In the moments of sickness, tribulations, sadness, or hardships, we may lash out to the Lord in frustration, or we may plead with the Lord for prompt help and assistance. In our fear we may overemphasize the wickedness or the strength of our opposition. In Psalm 7, the plea begins with this gruesome image of a lion tearing us apart as prey. Yet, in turning to the Lord in prayer, the Psalmist recognizes the Lord as a warrior who defends us. The Lord is our shield and has the weapons to turn away our enemies. In the end, the trial or tribulation does not compare to the strength and power of our God.

In this call to trust the Lord, we may have moments of panic, worry, or anxiety. These are natural responses to struggles. Yet, we ought to raise our voice in praise of a God who is ever faithful. We may initially think God’s law is constraining and difficult to follow or experience the moral way of life as a burden. We may feel the law is the source of our guilt or shame. What has been a moment where you’ve tried to ignore God’s law, or what is a law of the Lord that you struggle to follow? As you call to mind your sins, first recall our good and merciful Lord. We have a judge who desires our freedom, not condemnation.

Recite Psalm 100 -

God Appoints the King both King and Priest

(page 10 of this booklet)

Offer Petitions and Intercession

for your family, Church, community and beyond

Recite Te Deum

You are God: we praise you;
 You are the Lord: we acclaim you;
 You are the eternal Father:
 All creation worships you.
 To you all angels, all powers of heaven,
 Cherubim and Seraphim, sing in endless praise:
 Holy, holy, holy, Lord, God of power and might,
 heaven and earth are full of your glory.
 The glorious company of apostles praise you.
 The noble fellowship of prophets praise you.
 The white-robed army of martyrs praise you.
 Throughout the world the holy Church acclaims
 you:
 Father, of majesty unbounded,
 your true and only Son, worthy of all worship,
 and the Holy Spirit, advocate and guide.
 You, Christ, are the King of glory,
 the eternal Son of the Father.
 When you became man to set us free
 you did not spurn the Virgin’s womb.
 You overcame the sting of death,
 and opened the kingdom of heaven to all
 believers.
 You are seated at God’s right hand in glory.
 We believe that you will come, and be our judge.
 Come then, Lord, and help your people,
 bought with the price of your own blood,
 and bring us with your saints
 to glory everlasting.

V. Save your people, Lord, and bless your inheritance.
 R. Govern and uphold them now and always.
 V. Day by day we bless you.
 R. We praise your name for ever.
 V. Keep us today, Lord, from all sin.
 R. Have mercy on us, Lord, have mercy.
 V. Lord, show us your love and mercy;
 R. for we put our trust in you
 V. In you, Lord, is our hope:
 R. and we shall never hope in vain.



Hymn Suggestion for the 4th Week of Lent

Holy God We Praise Thy Name

Holy God, we praise Thy name
Lord of all, we bow before Thee
All on earth Thy scepter claim
All in heaven above adore Thee
Infinite Thy vast domain
Everlasting is Thy reign

Hark the glad celestial hymn
Angel choirs above are raising
Cherubim and seraphim
In unceasing chorus praising
Fill the heavens with sweet accord
Holy, holy, holy Lord

All apostles join the strain
As Thy sacred name they hallow
Prophets swell the glad refrain
And the blessed martyrs follow
And from morn to set of sun
Through the church the song goes on

Holy Father, Holy Son
Holy Spirit three we name Thee
Though in essence only one
Undivided God we claim Thee
And adoring bend the knee
While we sing our praise to Thee

Psalm Suggestion for the 4th Week of Lent

Psalm 116 – Thanksgiving to God Who Saves from Death

I love the LORD, for he has heard
my voice, my appeal;
for he has turned his ear to me
whenever I call.
They surrounded me, the snares of death;
the anguish of the grave has found me;
anguish and sorrow I found.
I called on the name of the LORD:
“Deliver my soul, O LORD!”
How gracious is the LORD, and just;
our God has compassion.
The LORD protects the simple;
I was brought low, and he saved me.
Turn back, my soul, to your rest,
for the LORD has been good to you;
he has kept my soul from death,
my eyes from tears, and my feet from stumbling.
I will walk in the presence of the LORD
in the land of the living.
I trusted, even when I said,
“I am sorely afflicted,”
and when I said in my alarm,
“These people are liars.”
How can I repay the LORD
for all his goodness to me?
The cup of salvation I will raise;
I will call on the name of the LORD.
My vows to the LORD I will fulfill
before all his people.
How precious in the eyes of the LORD
is the death of his faithful.
Your servant, LORD, your servant am I,
the son of your handmaid;
you have loosened my bonds.
A thanksgiving sacrifice I make;
I will call on the name of the LORD.
My vows to the LORD I will fulfill
before all his people,
in the courts of the house of the LORD,
in your midst, of Jerusalem.
Alleluia!

