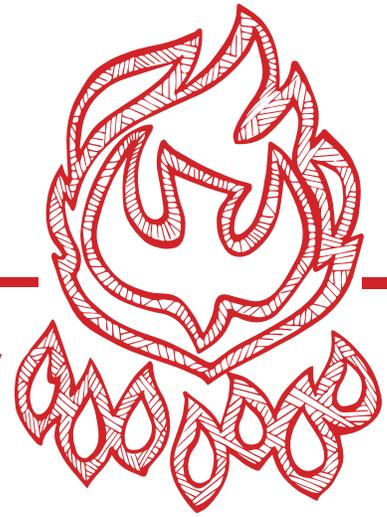


Our Lady of Perpetual Help
Worship Guide
Pentecost Novena 2020



The Fruits of the Holy Spirit

The fruit of the Spirit is
love, joy, peace, patience, kindness,
generosity, faithfulness, gentleness, self-control.
Galatians 5:22-23

“The fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them: “charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.” –Catechism of the Catholic Church, §1832 (Cf. Gal 5:22-23)

The Pentecost Novena is the first of all Novenas, nine days of prayer. It is a time set aside to help us prepare for Pentecost, the descent of the Holy Spirit, the birth of the Church. During this time of prayer, we open ourselves up to the gifts of the Holy Spirit and may question are there nine or twelve Fruits? The distinction between nine and twelve Fruits is based on different manuscripts of Galatians. For our Pentecost Novena, we will focus on the nine Fruits, acknowledging the twelve Fruits that the Church formally names.

Following the example of Mary and the Apostles, join us as we gather for nine evenings of prayer in preparation for Pentecost. Each night will open with Eucharistic Adoration, Praise and Worship led by our musicians and move into a time of pray and intercession. Follow the guide below as you join us each night or pray on your own. Come Holy Spirit, Come!

Order of Worship

Eucharistic Adoration & Worship – musician led time of praise and worship before the Blessed Sacrament

Novena Prayers - move into spoken prayer lead by Celebrant

Come, Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth. O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ our Lord. Amen.





Scriptural Reading by Day

Praying for the Fruits of the Holy Spirit

Day One - 5/22

The Fruits of Self-Control, Modesty, and Chastity

For this very reason, make every effort to supplement your faith with virtue, virtue with knowledge, knowledge with SELF-CONTROL, SELF-CONTROL with endurance, endurance with devotion, devotion with mutual affection, mutual affection with love. If these are yours and increase in abundance, they will keep you from being idle or unfruitful in the knowledge of our Lord Jesus Christ. Anyone who lacks them is blind and shortsighted, forgetful of the cleansing of his past sins.

2 Peter 1:5-9

Day Two - 5/23

The Fruit of Gentleness

Rather, we were GENTLE among you, as a nursing mother cares for her children.

With such affection for you, we were determined to share with you not only the gospel of God, but our very selves as well, so dearly beloved had you become to us. You recall, brothers and sisters, our toil and drudgery. Working night and day in order not to burden any of you, we proclaimed to you the gospel of God. You are witnesses, and so is God, how devoutly and justly and blamelessly we behaved toward you believers. As you know, we treated each one of you as a father treats his children, exhorting and encouraging you and insisting that you conduct yourselves as worthy of the God who calls you into his kingdom and glory.

1 Thessalonians 2:7-12

Day Three - 5/24

The Fruit of Faithfulness

Therefore, I bear with everything for the sake of those who are chosen, so that they too may obtain the salvation that is in Christ Jesus, together with eternal glory. This saying is trustworthy: If we have died with him we shall also live with him; if we persevere we shall also reign with him. But if we deny him he will deny us. If we are unfaithful he remains FAITHFUL, for he cannot deny himself.

2 Timothy 2:10-13

Day Four - 5/25

The Fruits of Generosity & Goodness

“Stop judging and you will not be judged. Stop condemning and you will not be condemned.

Forgive and you will be forgiven. GIVE and gifts will be given to you; a GOOD measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you.”

Luke 6:37-38



Scriptural Reading by Day, Praying for the Fruits of the Holy Spirit, Cont'd.

Day Five - 5/26

The Fruit of Kindness

May he be blessed by the LORD, who never fails to show KINDNESS to the living and to the dead,” Naomi exclaimed to her daughter-in-law. She continued, “This man is a near relative of ours, one of our redeemers.” “He even told me,” added Ruth the Moabite, “Stay with my young people until they complete my entire harvest.”

Ruth 2:20-21

Day Six - 5/27

The Fruit of Patience

Be still before the Lord and wait in PATIENCE; do not fret at the one who prospers, the one who makes evil plots. Calm your anger and forget your rage; do not fret, it only leads to evil.

Psalm 37:7-8 [Revised Grail Psalms]

Day Seven - 5/28

The Fruit of Peace

But the wisdom from above is first of all pure, then peaceable, gentle, compliant, full of mercy and good fruits, without inconstancy or insincerity. And the fruit of righteousness is sown in PEACE for those who cultivate PEACE.

James 3:17-18

Day Eight - 5/29

The Fruit of Joy

I urge you, brothers and sisters, by our Lord Jesus Christ and by the love of the Spirit, to join me in the struggle by your prayers to God on my behalf, that I may be delivered from the disobedient in Judea, and that my ministry for Jerusalem may be acceptable to the holy ones, so that I may come to you with JOY by the will of God and be refreshed together with you. The God of peace be with all of you. Amen.

Romans 15:30-33

Day Nine - 5/30

The Fruit of Love

Let LOVE be sincere; hate what is evil, hold on to what is good; LOVE one another with mutual affection; anticipate one another in showing honor. Do not grow slack in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, endure in affliction, persevere in prayer. Contribute to the needs of the holy ones, exercise hospitality. Bless those who persecute you, bless and do not curse them. Rejoice with those who rejoice, weep with those who weep.

Romans 12:9-15





Intercessory Prayer

Freely offered in union with the celebrant

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven,
You promised to send the Holy Spirit to Your apostles and disciples.
Grant that the same Spirit may perfect in our lives the work of Your grace and love.
Grant us the SPIRIT OF FEAR OF THE LORD that we may be filled with a loving reverence toward You;
the SPIRIT OF PIETY that we may find peace and fulfillment
in the service of God while serving others;
the SPIRIT OF FORTITUDE that we may bear our cross with You
and, with courage, overcome the obstacles that interfere with our salvation;
the SPIRIT OF KNOWLEDGE that we may know You and know ourselves and grow in holiness;
the SPIRIT OF UNDERSTANDING to enlighten our minds with the light of Your truth;
the SPIRIT OF COUNSEL that we may choose the surest way of doing Your will,
seeking first the Kingdom;
Grant us the SPIRIT OF WISDOM that we may aspire to the things that last forever.
Teach us to be Your faithful disciples and animate us in every way with Your Spirit. Amen.



Additional Prayers

Our Father, Hail Mary, and the Glory Be

Benediction

Prayer for Baptism in the Holy Spirit

Lord Jesus, You promised: “John baptized with water,
but in a few days, you will be baptized with the holy Spirit.”
We kneel before you and we ask you to fulfill this promise for us now:
baptize us in the Holy Spirit! We join the Blessed Virgin Mary, and the Apostles, in the Upper Room,
praying for an outpouring of your Holy Spirit. Send Him upon us now and clothe us with power from on
high. Come, Holy Spirit! Come, by means of the powerful intercession of the Immaculate Heart of Mary,
Your well-beloved Spouse! Most Holy Spirit, receive the consecration that I make of my entire being.
From this moment on, come into every area of my life and into each of my actions. You are my Light, my
Guide, my Strength, and the sole desire of my heart. I abandon myself without reserve to your Divine
action, and I desire to be ever docile to your inspirations. O Holy Spirit, transform me, more and
more, into the image of Christ Jesus, For the glory of God the Father and the salvation of the world. Amen.



Additional Prayers, Cont'd.

Act of Consecration to the Holy Spirit [optional, personal and family use]

On my knees before the great multitude of heavenly witnesses
I offer myself, soul and body, to You, Eternal Spirit of God.
I adore the brightness of Your purity,
the unerring keenness of Your justice and the might of Your love.
You are the Strength and Light of my soul.
In You I live and move and am.
I desire never to grieve You by unfaithfulness to grace
and I pray with all my heart to be kept from the smallest sin against You.
Mercifully guard my every thought
and grant that I may always watch for Your light
and listen to Your voice and follow Your gracious inspirations.
I cling to You and give myself to You
and ask You by Your compassion to watch over me in my weakness.
Holding the pierced Feet of Jesus and looking at His Five Wounds
and trusting in His Precious Blood and adoring his opened Side and stricken Heart,
I implore You, Adorable Spirit, Helper of my infirmity,
so to keep me in Your grace that I may never sin against You.
Give me grace, O Holy Ghost, Spirit of the Father and the Son
to say to You always and everywhere, “Speak, Lord, for Your servant heareth.” Amen.

